Learning Disability Partnership Board

Working to achieve the vision of people with learning disabilities living good ordinary lives as part of their community, with the right support, at the right time, from the right people.

Minutes 7th March 2019
Current membership

Ian Dunstan
Self-Advocate rep

Matthew Foulger
Self-Advocate rep

Jacquie Knott
NHS provider rep

Andrea Clark
Chair

Kate Chate
Suffolk Parent Carer Network rep

Annette Agetue-Smith
CCG rep

Parveen Mercer
CCG rep

Allison Boggis
Further education rep

Becky Steer
Support provider rep

Dion Allen
Support provider rep

Catherine Mather
Support provider rep

Amanda Stevens
Healthwatch Suffolk rep

Hannah Holder
Social work rep

Nic Roper
Social work rep

Sue Hubbard
Workforce development rep

Amanda Dunn
Social Care professional rep

Brooke Day
Support worker rep

Andrew Regent
Housing provider rep

Hilary Anderson
Social Care professional rep
Identified items for 2019

- **How the arts can impact wellbeing**
  Examples of good practice from across Suffolk

- **Learning Disability and Autism Teams Operations Working Group**
  Update from this working group.

- **Autism Partnership and Strategy**
  The latest updates on the formation of Suffolk’s Autism Partnership

- **Strategy Workstreams**
  Updates from Workstreams & projects.

- **Learning Disability Partnership website**
  The latest from the Website Working Group.

- **Peer Educator Health Awareness Programme**
  Examples of good practice from across Suffolk

- **Future strategic plans**
  The planned approach to the future (post-2015-20 Strategy)

- **Online provider directory**
  Suffolk County Council & the wider Learning Disability Partnership to look at the best ways of hosting support opportunities online.

Suggestions can be sent to info@suffolkordinarylives.co.uk
Agenda 7th March 2019

Item 1. Welcome and introductions
10:00 - 10:15
A chance to welcome new members, and hear who we have in the public gallery.

Item 2. 5-minute updates from board members
10:15 - 10:45
An opportunity for board members to give verbal updates on their work over the last few months.

Item 3. Interviews with politicians
10:45 - 11:10
Members of the Ipswich Standing Out group and Bury St. Edmunds People Talking group have interviewed politicians and councillors. We will watch extracts from the first 2 films.

Time for questions or comments from the Public Gallery

Item 4. Adult & Community Services Housing Pathways
11:15 - 11:55
Suffolk County Council are working with members of the wider Learning Disability Partnership to look at housing models and pathways for people living in Suffolk.

An opportunity to hear the latest on this work.

Time for questions or comments from the Public Gallery
Agenda 7th March 2019

Item 5. Norfolk & Suffolk NHS Foundation Trust, Green Light Toolkit update - part 1
12:00 - 12:15
An opportunity to hear the latest from our mental health trust, and the steps they are taking to make things better for people with learning disabilities and / or Autism.

Break for lunch
12:15 - 12:45
An half an hour break for lunch.
There will also be an opportunity for a tour of the Community Hub.

Item 5. Norfolk & Suffolk NHS Foundation Trust, Green Light Toolkit update - part 2
12:45 - 1:05
A chance to ask questions to NSFT.
Questions can be sent in advance to: info@suffolkordinarylives.co.uk

Item 6. Updates from across Suffolk
1:05 - 1:30
A brief update of news, development, projects and stories from across Suffolk.

Time for questions or comments from the Public Gallery
Agenda 7th March 2019

Item 7. Updates and plans for the Suffolk Learning Disability Partnership website
1:35 - 2:00
Hear the latest updates and improvements made to the Partnership website, as well as plans for developments planned for this year.

Time for questions or comments from the Public Gallery

Item 8. Update from Realise Futures
2:00 - 2:20
A chance to hear the latest from Realise Futures, and the Walk-In Advice and Guidance service.

Item 9. Any other business
2:20 - 2:30
Anything else board members would like to discuss.

For more information

suffolkordinarylives.co.uk
info@suffolkordinarylives.co.uk

Follow us

@suffolkLDP
Board members present 7th March 2019

Ian Dunstan  
Self-Advocate rep

Matthew Foulger  
Self-Advocate rep

Andrea Clark  
Chair

Annette Agetue-Smith  
CCG rep

Becky Steer  
Support provider rep

Sarah Richardson  
Further education rep

Catherine Mather  
Support provider rep

Sue Hubbard  
Workforce development rep

Nic Roper  
Social work rep

Kate Chate  
Suffolk Parent Carer Network rep

Andrew Regent  
Housing provider rep

Board members who couldn’t make it

Jacquie Knott
Hannah Holder
Amanda Dunn
Amanda Stevens
Allison Boggis (Sarah Richardson attended as deputy)
Dion Allen

Speakers

Darren France (Suffolk County Council)
Jenny Brick (Realise Futures)
Alex Watt (Suffolk County Council)
David Hill (Ace Anglia)
Sue Medley & Paul McClusky (Norfolk & Suffolk NHS Foundation Trust)

Public gallery

Stephen Largent
Richard Damant
Steve Green
Ali Hagger
Jo Marsden
Lottie Stickley
Dean Gorringe
Helen Pettdemange
Lizzy White
Rachel Omori
Andrea began the meeting with a thank you to Leading Lives for hosting.

Item 2. 5-minute updates from board members 10:15 – 10:45

Ian Dunstan

Ian has been planning the next step of his project on the Motability scheme.

Ian has interviewed people and has co-designed a survey/questionnaire, results to come out later in the year. This is a joint project with Suffolk County Council.
Minutes 7th March 2019

Kate Chate: Suffolk Parent Care Network
Kate updated the Board on lots of work she has been involved with.

Projects included the redesign of the Speech, Language & Communication pathway and improving the Emotional Health and Wellbeing Hub.

Matt Foulger
Matt discussed his paid working role with Ace. He talked about what he had learned from the job.

Matt explained it has given him the confidence to apply for a job with a local support provider. He was successful and will start his new role shortly.

Amanda Stevens: Healthwatch Suffolk
Amanda sent an update to the Board. She started by talking about the hospital discharge work.

Catherine Mather: Provider rep
Catherine explained her organisation was working with staff and focusing on having positive behaviour coaches in every service.

Catherine also shared that someone had recently moved out of supported living and into their own home.

Catherine Mather: Provider rep
Catherine explained her organisation was working with staff and focusing on having positive behaviour coaches in every service.

Catherine also shared that someone had recently moved out of supported living and into their own home.

Amanda Stevens: Healthwatch Suffolk
Amanda sent an update to the Board. She started by talking about the hospital discharge work.

The work explored the discharge pathways and how successful the process was for the patient. This work involved interviewing people to talk about their experiences when they left hospital.
Andrea Clark: Advocacy rep

Ace have launched a new website. Andrea encouraged people to subscribe to receive information & opportunities. Sign up at: aceanglia.com

Amanda also wrote about the ‘My Health, Our Future’ report, which surveyed 7,000 young people about their health and wellbeing.

Andrea also talked about the highly successful self-advocate interviews with local politicians.

Sign up for updates at: https://www.aceanglia.com/

Annette Agetue-Smith: CCG rep

Working to deliver 75% of annual health checks. GP practices and the LD Liaison nurses are encouraging people to have their health checks.

Annette explained 49% of people registered have had their Annual Health Check in 2018, which is a good increase.

The Pre-Health Questionnaire is now finished. Everyone with a learning disability in Suffolk will be able to get a questionnaire from their doctors surgery.

Nic Roper: Social Care rep

Suffolk County Council are continuing with their transformation programme.
Nic talked about the Operational Working Group working in co-production to bring everything together and explain how it fits in a coherent way to improve things for people with LD and Autism.

Nic explained that Adult & Community Services had to save 2 million pounds last year and have to save the same next year.

ACS need to look at how they can improve things with the financial challenges they face.

Aiming for best practice social work – focus on integration, developing a digital offer – piloting and trying different things

Item 4. Adult & Community Services

Housing Pathways

Suffolk County Council are working with members of the wider Learning Disability Partnership to look at housing models and pathways for people living in Suffolk.

Looking at:
What we want to achieve
The service and the vision
Why things need to change

People who live in services that do not meet their needs, must work together more.
We want better outcomes for people.
We want to provide the right service at the right time.
**Principles of the Housing Pathway:**

- **Best practice**
- **Partnership Working**
- **Choice**
- **Support**

We want to bring together all our existing resources, such as Shared Lives services.

**Range of accommodation types:**

- **Short Stay**
- **Hospital**
- **Shared**
- **Self-contained**

The proposed model is a Locality Pathways Hub. The Hubs will have a direct link with providers, other specialist and intensive support teams.

**Minute 7th March 2019**

The customer is in the centre and there will be groups around them commissioned by health and social care.

The hub will be accessible 24 hours a day and people can be referred to hubs by through ACS and NSFT also other specialist services such as the police.

The Hub model will be piloted in West Suffolk.

ACS colleagues to work in co-production with members of the Partnership Board to make sure this work is in line with the Strategy vision and principles.
Phone call from Judith Mobbs to the meeting: Assistant Director of Children's Services

SEND revisit by Ofsted which took place in January, about 2 years from the previous Ofsted Inspection

2 years ago Ofsted found 4 serious weaknesses. They came back this year to see if anything improved

One of the weaknesses was the effectiveness of the leadership. This relates to the planning, management and deliver of the service

Ofsted have now seen positive changes in how SEND is run. Noting a better understand and closer relationships within SEND

Ofsted did say it was too early to tell if these changes would improve the other 3 weaknesses

SEND wants continue to improve how they communication within the service

The other weaknesses centred around quality of planning and monitoring to improve outcomes for children and young people
Minutes 7th March 2019

SEND have taken on board the Ofsted findings and are going to be working in co-production with other services and the people themselves.

Darren France to ask Judith how the Learning Disability Partnership Board can help.

Contact can be made to Partnership Board though the website or email:
https://www.suffolkordinarylives.co.uk/
info@suffolkordinarylives.co.uk

Minutes 7th March 2019

Greenlight Toolkit News:
Sue Medley and Paul McClusky

There are volunteers, 240 champions, staff within NHS and outside organisation.

Reasonable adjustments were discussed, how to make things more accessible across healthcare. Examples included menus, signs for in-patient services and waiting rooms.

Training for staff, (admin and reception staff) in easy read.
These people have a special interest and want to volunteer and help their team make the reasonable adjustments needed to work in a person-centred way.

Paul converts documents into easy read. He has been to look around one of the wards to look at making the signs more accessible.

The champions are offered training to help with their skills and knowledge, and trying different things.

Can you explain the role of a champion?

NSFT has done an audit and they now know the scale of the issue and they are rewriting their Accessible Information policy.

They plan to write some business cases to their own internal organisation.

Max Clark said he doesn’t understand this as the Accessible Information Standard is in place and the ‘business case’ was what led to the national introduction of the Standard.
There is a post on the partnership website where people can flick through the book. Robert Everitt, West Suffolk counsellor was interviewed and sent an email to say thank you. Max Clark showed the book created by Suffolk Artlink to share people’s stories.

Max Clark quoted the CQC report, in particular the patient involvement in their own Care Plans. CQC criticised the Trust for patients Care Plans being written in jargon and the patients didn’t understand their plans.

On May 1st NSFT is launching a new Care Plan, where the patient must be involved, and it can’t be completed without them. They will be changing Risk Assessing to Safety Plan.

Andrea Clark suggested NSFT working with the workstreams and the board, Sue will suggest this to her team and feed back to the board. Andrea will send Paul and Sue the dates for the workstream 1 meetings and the board can offer help where needed.

Andrea will send Paul and Sue the dates for the workstream 1 meetings and the board can offer help where needed.
Someone from the Lowestoft speaking up group is going to interview the Waveney MP, Peter Aldous in Lowestoft in April.

Ace & Leading Lives will be running a technology conference in July.

It will look at how technology can help people in their day to day life. i.e. booking holidays and paying bills.

AC asked board members and public gallery attendees to send good news stories to info@suffolkordinarylives.co.uk

AC asked if board members or public gallery attendees had any examples of how technology has supported someone well. Ideas can be sent to info@suffolkordinarylives.co.uk

Please, do let us know if you’d like to be involved in anything by contacting Ace Anglia
7th March 2019

Item 7. Updates and plans for the Suffolk Learning Disability Partnership website
David Hill, Ace Anglia

There is now a free resources page. This is for information and forms which can be downloaded for people to use.

David updated the Board on the latest additions to the Suffolk Learning Disability Partnership website.

David also explained that there are now 226 subscribers to the website. Subscribers get e-mail updates from the partnership.

People with learning disabilities, support providers, health and social care professionals and family carers.

We are always looking for more subscribers so please share information with your networks. suffolkordinarylives.co.uk

Questions – someone asked who makes up the 200+ subscribers?

Ideas and plans for the website this year.
Minutes 7th March 2019

Online provider directory
Currently people use Infolink to find out information about services and opportunities.

Members of the partnership have been involved in a working group looking at new ways of hosting provider information online.

An idea is to use the partnership website to host this information.

The partnership website could host visual and accessible ways for people to look at the support options available.

Hosting provider offers on the partnership website is the way to create a platform for people to live closer to the strategy vision.

Question. Is there any more information on when and where provider offers will be hosted?

“This website is exactly what is needed for people to make good choices about their support and activities.”

“I know an excuse before was there is no money to create something new.”
Andrea explained that there are no more details yet. We will wait to hear the latest from colleagues at Suffolk County Council on this.

Groups take place in a variety of places, pubs, libraries, or in partner venues.

A chance to hear the latest from Realise Futures, and the Walk-In Advice and Guidance service.

Walk in advice
Providing places where people can get advice. You do not need to book, you can just turn up.

Realise Futures are supporting people to set up peer support groups

They offer advice on correspondence, work, education, benefits, living skills, mental health, and housing.

People meet and share their experiences in these groups. People make new friends and meet up outside the groups.

Open Spaces
These sessions are generally for people with mental health issues but we are trying to support people with a learning disability and/or Autism too.
Ace offered to share the designs at their Advisory Group.

There is going to be a clear logo for the service. Ace have designed a selection, but a decision needs to be made on which one to choose.

There is a timetable available on the Suffolk Libraries website.

https://www.suffolklibraries.co.uk/health/open-space/

Again, many board members left the meeting early.

Please, send comments through the website about opinions on the length of the meeting.

Feedback from attendees was that they liked the change of venue and would like other attendees to perhaps take a turn to host the meeting.

Item 9. Any other business
The Suffolk Learning Disability Partnership is an independent partnership of self-advocates, family carers, health and social care commissioners, police, Healthwatch, voluntary organisations and housing providers.

The partnership will work with people to achieve the vision of people with learning disabilities living good ordinary lives as part of their community, with the right support, at the right time, from the right people.

The Suffolk Learning Disability Partnership is supported by Suffolk County Council, Adult and Community Services.

Adult social care and health

This document was produced in easy-read by Ace Anglia, Accessible Information.
www.aceanglia.com
David@aceanglia.com